**Get evidence-based answers on natural medicines with the Database.**

Lithuanian University of Health Sciences provides you with access to *Natural Medicines Comprehensive Database*, the most comprehensive source of evidence-based clinical data on complementary, alternative, and integrative therapies.

Updated daily, the Database also provides you with time-saving resources and practical answers to questions patients are likely to ask.

The Database gives you information and answers on:

**Ratings for Safety & Effectiveness**

You get different ratings for different indications.

Provides information on use in pregnancy, lactation, and children.

**Interaction Ratings**

The Interaction Checker gives you data and severity ratings on over 3800 interactions between CAM therapies and drugs. These interactions are identified and rated major, moderate, or minor for severity.

**Adverse Reactions**

The Database lets you identify and avoid Adverse Reactions with dietary supplements and natural medicines.

**Commercially Available Products**

You get the most comprehensive listing anywhere. Click to see ingredients, manufacturer, ratings, Editor's Comments, etc. Updated daily with thousands added every year.

**Journal Abstracts & Full Text**

The Database has thousands of references from peer-reviewed primary literature, with one-click access to PubMed abstracts and even direct links to available full-text articles.

**Patient Handouts**

You get Patient Handouts written in patient-friendly language. Patient Handouts are available for every natural medicine in English and Spanish. French translations are now being added as well.

**Clinical Management Series and Special Reports**

You get practical information on using natural medicines for specific conditions and other topics. Includes links to monographs, references & abstracts, Practice Pearls for patient care advice, and a succinct summary on what to watch out for and what patients should know called the Bottom Line. PLUS each course ends with a "stoplight" chart, which shows natural supplements that you may want to stop, proceed with caution, or go with for a patient recommendation.

Access from any Lithuanian University of Health Sciences computer by going to: NaturalDatabase.com and you are automatically logged in.

Proxy access is also available via the Lithuanian University of Health Sciences Proxy IP. Contact the Library for more information on off-site access.
Natural Medicines Comprehensive Database

Clinical Management Series & Special Reports

• Links to monographs, references & abstracts

Practice Pearls

The Bottom Line

stoplight

stop  proceed with caution

go with

Clinical Management Series

New  Featured: Heart Failure

- ADHD
- Aging Skin
- Allergic Rhinitis
- Alternative System
- Alzheimer’s Disease
- Anxiety
- Asthma
- Athletic Performance Enhancers
- BPH
- Breast Cancer
- Chronic Fatigue Syndrome
- Colds and Flu
- Colon Cancer
- Depression
- Diabetes
- Eye Disorders
- Fibromyalgia
- HIV/AIDS
- Headache
- Hyperlipidemia
- Hypertension
- IBD
- IBS
- Insomnia
- Menopause
- Obesity
- Osteoarthritis
- Osteoporosis
- PMS
- Pain
- The Perioperative Medicines
- Pregnancy and
- UTI
- SEE ALL 30+

Available as CE

To get your CE:
From the Natural Medicines Comprehensive Database website, click on I Don’t Have a CE ID#.

For assistance, please call Jill Morehead at (209) 472-2244 x249 or email JMorehead@PLetter.com.