



OCCUPATIONAL THERAPY

BACHELOR'S DEGREE

Duration – 4 years

Degree – Bachelor in Health Sciences

Qualification – Occupational therapist

WHY STUDY OCCUPATIONAL THERAPY?

Occupational Therapy is an art and science of:

- enabling engagement in everyday living through occupation;
- enabling people to improve health, well-being and participation to their full potential in daily life despite their illnesses or injuries;
- the use of innovative and unique neuroethologies for the rehabilitation of lost functions and abilities.

Occupational therapists work with patients who:

- have experienced trauma,
- are suffering from acquired or congenital diseases and need help in recovering or developing skills needed for the activities of daily life, including self-care, leisure, independent living and work,
- are of all age groups.

The study programme is unique since education process is based on Problem Based Learning (PBL).

This is the only study programme in Lithuania approved by World Federation of Occupational Therapy.



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World Federation of
Occupational Therapists

I year

Introduction to Studies, Professional Language (Latin language, Lithuanian culture), Fundamental subjects in the study field (Philosophy, Ethics, Psychology, Anatomy, Cytology, Genetics), First aid, Specialty subjects (Theory and Models of OT)

II year

Specialty subjects (OT for Children with Health Disorders; OT in Elderly and Old Age), General university education subjects, Fundamental subjects in the study field (Physiology, Pathology, Biomechanics, Rehabilitation)

III year

Specialty subjects (Activity Problems and OT for patients with Mental Disorders, Activity Disorders and OT, OT in Community), General university education subjects (Health and Medicine).

IV year

Specialty subjects (Management of Health Care System and Scientific Research in OT, Human Occupation and Environment), Preparation and Defense of Bachelor's Thesis.

CLINICAL PRACTICE > 1000 HOURS



FUTURE CAREER OPPORTUNITIES

Occupational Therapy graduates can pursue a career in private and public health care institutions:

- hospitals,
- outpatient clinics,
- physical rehabilitation centers,
- mental health/psychiatric rehabilitation centers,

- community centers,
- vocational rehabilitation centers,
- pediatric rehabilitation centers and schools,
- nursing homes etc.
- After completing the Occupational Therapy programme, there is a possibility to continue studies in the biomedical sciences Master's and PhD studies.

