



Labas! I'm David, a fourth grade medical student from Kaohsiung Medical University (KMU), Taiwan. Honestly speaking, for most Asian countries, Lithuania may not be a familiar nation for us, and the only knowledge I had about this Baltic state before the exchange might be basketball as well as advanced technology, and the latter was one of my main reasons to come here for a research exchange. Eventually, this one-month training became one of my best learning experiences in my life, which ignited my passion toward further medical research.

My lab life started with learning the basic knowledge and principles of my research topic "Structural organization and immunohistochemistry of the human intrinsic cardiac nervous system", carrying out cryosection, staining, mounting...etc.— all by myself after the demonstrations of my tutors. For a novice like me, I really benefited much from the work I'd done, which enabled me to think critically and independently through conducting these chores on my own. From these, I got to know how lab work in reality looked like, and how the professionals prudently accomplished their scientific project. I also had the chance to delve into the realm of electron microscopy, carving my resin samples and sectioning them by myself. Sometimes, inevitably, I did something wrong with my work, but all I received was my tutors suggestions and encouragement instead of condemnation and aloofness. This really made me more confident as a beginner. After the one-month program, I was enriched in terms of medical research knowledge, cultural difference, and the beauty of Lithuania. Most importantly, I met great professor and tutors and learned the correct attitude of facing with science and lab work from them. I really appreciate their guidance.

LSMU is one of the best medical school in Lithuania, it possesses plenty clinical and research resources and projects. I strongly recommend students from every country to experience an unforgettable research exchange here as well as enjoying Lithuanian culture. At last, I'd like to give huge thanks to my supervisor Prof. Neringa Paužienė, my tutors Dalia, Tomas, Aiste...etc., and all the staffs of Institute of Anatomy. Thank you all for the chance to let me leave my first lab experience and best memories here, you have enlightened my passion toward further medical research! Ačiū!

Sincerely yours,

Wei-Chen, Chien (David), Taiwan (R.O.C)

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