



Description of the study programme **Health Psychology**

Faculty delivering the programme	Public Health
Programme data <i>national code</i> <i>field of studies</i> <i>branch of studies</i> <i>duration in years</i> <i>scope of the programme</i> <i>mode of study</i>	612S10007 Psychology Social Sciences 4 years 240 ECTS Full-time
Qualification degree/professional qualification to be awarded	Bachelor in Psychology
Cycle	First (Bachelor)
Requirements for admission	Exam: Math (0.4), Biology, or Foreign Language (0.2) Lithuanian language and literature (0.2), the annual grade foreign language or Biology (0.2)
Other details of the programme	„Health psychology” is a bachelor’s degree study program; upon its completion, students earn a bachelor’s degree in psychology. The study program strives to warrant the necessary universal preparation of psychologists in the first level of studies, educates competent psychology bachelors with strong knowledge of scientific basics of psychology, who are perceptive scholars and have the need of life-long self-improvement. Students are acquainted with the science of psychology on both theoretical and practical levels. Moreover, the study program gives a special opportunity for undergraduate students to familiarize themselves with the healthcare system and the role of mental health specialists in it, learn and understand the relationship between health and behavior, acquire necessary skills and knowledge related to preventing and treating diseases and strengthening the health of individuals and society. This specialized study program especially suits

	those who are interested in the effect of behavior and personality on health and disease, also the relationship between health and psychological wellbeing, and associate their future work with the health care system
Access to professional career	Graduates of health psychology degree program get psychology bachelor qualification. Health Psychology Bachelors of their competence and professional requirements can work in the primary health care level institutions, specialized clinics, rehabilitation, public health, mental health centers, education, social welfare and other institutions where the health services provided, by doing a professional psychologist assistant.
Access to student exchange	ERASMUS Exchange program
Access to further study	Upon graduating from undergraduate Health psychology studies and acquiring a bachelor's degree, students will be able to continue their studies in health or clinical psychology master's degree study programs and acquire the qualifications of a medical psychologist or further their knowledge in other psychology and other social science master's degree studies.
Assessment of study results	The Oral Exam, Written Exam, Testing, Individual Task Training, Group Exercise Training, Case Studies, Essays, Group Presentation, Practice Blog, Practice Manager Feedback, Term Paper And Dissertation Preparation And Defense.
Chair and members of the Study Programme Committee	Chairman prof. Nida Žemaitienė Members: associate professor Aurelijus Veryga, associate professor Vaclovas Šveikauskas, lect. Kastytis Šmigelskas, lect. Linas Leonas, prof. Leonardas Rinkevičius, student Justas Kupčinskas, partner Aina Adomaitytė